



# HIGHLIGHTS 2021

## 2020-21 Fiscal and School Year Accomplishments

The 2020-2021 fiscal and school year presented tremendous challenges for children and families. Finding effective ways to meet their needs amid a pandemic, social distancing, and distance learning was also tremendously challenging.

Highlighted here are examples of the critical work performed by EBAC staff from our various programs to meet families' basic needs for food, housing, Covid safety and healthcare; address student mental health; and support education.

- Invested 23,934 hours of clinical support taking neighborhood walks, having conversations on front porches, playing online video games, and trading texts with child and youth clients, doing whatever it took to show them they and their anxiety, fears and depression were seen, heard, and supported during the isolation of Covid
- Focused outreach and education efforts to give Covid safety and vaccination information to 18,252 people including hard-to-reach families such as immigrants, non-English speakers, and undocumented workers



- Continually identified client families' urgent needs, connecting them to critical resources such as unemployment benefits, Medi-Cal and other health insurance, food resources, mental health counseling, grief support, hygiene products, and diapers
- Case-managed families in crisis, coordinating resources and care until they were stabilized

- Led planning, execution, and management of opening first two back to in-person student Learning Hubs in Oakland Unified School District (OUSD) in spring 2021

*"Seeing the sheer joy on the students' faces made all the complex planning to have them safely back on campus worth all the effort."* - Deanna Grant, EBAC Coordinator for first OUSD in-person hub

- Partnered in new ways with classroom teachers to provide "recess" breaks, PE, and academic tutoring in addition to offering students engaging afterschool classes such as virtual field trips and dance and a library of staff-made YouTube videos on mindfulness, cooking, gardening, history, and more
- Attended countless Coordination of Service Team (COST) meetings with principals, teachers, and other school staff to identify students who needed mental health services or other family supports EBAC could provide
- Held 334 trainings covering 934 hours for 4,505 child and family serving employees from 151 organizations, including utilizing our grief experts to facilitate timely Developmental Stages of Grief training in English and Spanish





- Distributed 100,000 masks and other PPE to families
- Tracked down teens who stopped showing up on Zoom for class, working to re-engage them in school
- Delivered December holiday gifts to 300 families
- Conducted virtually 2 series of Resilient Parenting for Bereaved Families educational workshops; 20 grief peer support group meetings; and 3 screenings of *Speaking Grief* documentary accompanied by skill building to help professionals better support grieving children and families



Using the Child & Adolescent Needs and Strengths (CANS) tool, EBAC mental health clinicians assessed the trauma history of the clients with whom they worked this past year. According to these assessments, Disruption of Caregiving/Loss of Attachment and Exposure to Family and Community Violence were the most commonly reported traumas these children and youth experienced.





## Trauma Transformed

According to Trauma Transformed’s framework, system transformation occurs by infusing healing into the DNA of our human serving systems, including both public and community-based organizations, so that the people who make up the systems can bring their whole, human selves to the important work they do to care for others.

Trauma Transformed worked with the following systems of care and communities locally and across the country, centering relationships to create the conditions for individual healing through healing the system itself:

- New York City Public Health
- City of Oakland – ReCast Project
- Contra Costa Equity & Racial Justice Committee
- Solano County Public Health
- Resident Warriors part of HopeSF
- Communities of practice in San Bernardino, Monterey, and Sacramento



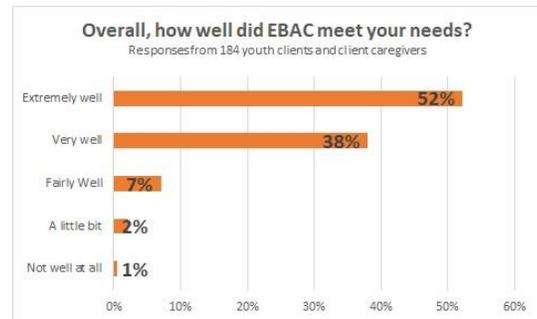
Trauma Transformed also worked on several projects to advance the California Surgeon General’s

Statewide initiative, **ACEs Aware**, aimed to prevent and address the impact of adverse childhood experiences (ACEs) and toxic stress. [TraumaTransformed.org](http://TraumaTransformed.org)

## Organizational Achievements

- Launched the EPIC program, the newly designed 10-week early intervention program that builds kindergarten readiness skills for preschoolers ages 3-1/2 to 5 who are challenged by self-regulation and social expression

- Recognized for the 6<sup>th</sup> time as a Top Workplace by Bay Area News Group based upon results of anonymous staff surveys
- Systematized data collection required for EBAC’s many disparate funders into a coordinated process which produced informative agency-wide client and services data dashboard
- Received year-end surveys from 200 clients across most programs to inform understanding of client satisfaction and indicated areas of improvement



## Racial Justice & Equity

- Convened internal Equity Committee to address matters of equity within EBAC by reviewing and revising policies, practices, and protocols that may perpetuate harm. Examples:
  - Create opportunities for leadership promotions for BIPOC by creating a training plan that ensures management readiness
  - Operationalize incorporation of staff and community voice into decision-making, agency culture and policy and practice improvement



## Mission

East Bay Agency for Children improves the well-being of children, youth and families by reducing the impact of trauma and social inequities.

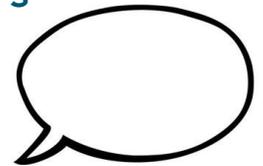
## Vision

We are committed to building a comprehensive, place-based continuum of accessible, trauma informed and culturally relevant services that build resiliency, aid in recovery, and, where possible, prevent exposure to adverse childhood experiences.

We seek to reduce barriers that contribute to disparities in wellness for socioeconomically disadvantaged and racially marginalized families and to create communities where all children and families have supports to reach their full potential.

With support from our donors and funders, EBAC invested **\$15.9 million** in our community's children and families in FY20-21

## What People are Saying



*"I think EBAC is good at bringing the best out of a person and seeing a person you can connect with."*

- Youth therapy client

*"EBAC is good at getting my child to open up and learn how to express himself. Also, how to use his therapy experience when his anxiety would kick in. Thank you EBAC."*

- Parent of therapy client

*"Para mi creo que siempre están listos para atender a las personas en cualquier momento." (For me I believe that they are always ready to serve people at any time.)*

- Family Resource Center Client

*"Crossing language barriers. Solving issues. They actually help and listen."*

- Family Resource Center Clients

*"EBAC's afterschool program is top notch! Each staff member played an integral role in the transition to hybrid learning. We most definitely would not have been able to provide a smooth experience for staff, students, and families if it weren't for your hard work, collaboration, and support. You're truly the best!"*

- Rise Community and New Highland Academy Principal

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# East Bay Agency for Children

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[EBAC.org](http://EBAC.org)

